

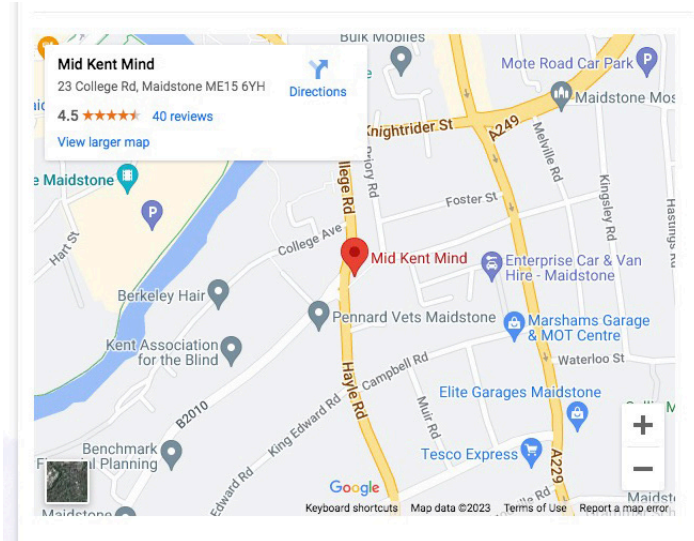
Wellbeing Drop-Ins



Below you'll find venue details for our face-to-face sessions. If you have any questions about accessing sessions, please call [01622 692383](tel:01622692383) or you can e-mail [mindhelp@midkentmind.org.uk](mailto:mindhelf@midkentmind.org.uk).

Maidstone

Maidstone sessions take place at our Wellbeing Centre - found at 23 College Road, Maidstone, Kent, ME15 6YH. You can see this on the map opposite.



Ashford

Ashford sessions take place at the South Ashford Baptist Church, Brookfield Rd, Ashford, TN23 4EY. Access is provided through the side door. You can find photographs of the side door, and a map showing where the find the venue opposite.

