

Mid Kent Mind Live Well Offering – Maidstone Community Groups
October 2021 – March 2022



Pink Groups = Virtual | Purple Groups = Face to Face

Singing Group	18/10/21	01/11/21	15/11/21	29/11/21	13/12/21	27/12/21	10/01/22	24/01/22	07/02/22	21/02/22	07/03/22	21/03/22
Crafts Group	25/10/21	08/11/21	22/11/21	06/12/21	20/12/21	03/01/22	17/01/22	31/01/22	14/02/22	28/02/22	14/03/22	28/03/22
Baking Group	21/10/21	04/11/21	18/11/21	02/12/21	16/12/21	30/12/21	13/01/22	27/01/22	10/02/22	24/02/22	10/03/22	24/03/22
Mindful Group	28/10/21	11/11/21	25/11/21	09/12/21	23/12/21	06/01/22	20/01/22	03/02/22	17/02/22	03/03/22	17/03/22	31/03/22
Walking Group	22/10/21	05/11/21	19/11/21	03/12/21	17/12/21	31/12/21	14/01/22	28/01/22	11/02/22	25/02/22	11/03/22	25/03/22