

The Mid Kent Mind Round-Up

March 2021



Our Wellbeing Boxes CrowdFunder Managed To Raise Over £200

Thank you so much to everyone who got involved in our CrowdFunder campaign! We were able to raise over £200 to support the development of more Wellbeing Boxes - and we also saw one huge donation come in which we will share more on soon! Thank you to everyone who continues to support us during these strange times - we appreciate you!



New Mental Health First Aiders Trained In Partnership with Diocese of Rochester

Nicole has been busy spearheading a programme of Mental Health First Aid training with the Diocese of Rochester - ensuring that volunteers for their Community Cafés are equipped with Mental Health First Aid training. We are proud to be able to equip even more people with the tools needed to support others with their mental health and wellbeing.



Fundraising Run For Mid Kent Mind Raises Over £800

We wanted to end with a huge thanks to Luis, Imogen, Ben and Matt - who ran from Halling to Maidstone on Friday the 5th of March. Their fund-raiser was fantastic - and seeing their energy and enthusiasm for making a difference has been inspiring.

Thinking of fundraising? E-Mail community@midkentmind.org.uk.

