News & Events

September/October 2019

mind Maidstone and Mid-Kent

NDI's Fundraiser For Mind

Local organisation to Parkwood, National Drywall and Insulation, recently decided to fundraise for Maidstone and Mid-Kent Mind. Through their hard work cycling, they were able to raise six-hundred pounds, an incredible amount of money which will go straight back into supporting the mental health services which Maidstone and Mid-Kent Mind offer. Thanks to the NDI team!

Tuneless Choir's Musical Fundraiser

Tuneless Choir took to the streets of Maidstone recently - spreading mental health awareness, and fundraising for Maidstone and Mid-Kent Mind. Thanks to Sheena and the rest of the team for putting together some truly fantastic fundraising activities!

Farmwood's Dragon-boat Race

Another great piece of fundraising - Farmwood decided to fundraise for Maidstone and Mid-Kent Mind by taking on the KM Charity Team's Dragon Boat race challenge. This was a fantastic event - and our very own Tom even got to go down on the day and join the Farmwood team!

National Lottery Turns 25

The National Lottery turned 25 - and we wanted to come together to celebrate since the National Lottery make so many of our services here in Maidstone possible. Happy Birthday, National Lottery!

Breakfast and Mental Health

Recently, Maidstone and Mid-Kent Mind had an opportunity to deliver a Mental Health Awareness session at a breakfast meeting for the construction industry. Fantastic to see more industries acknowledging the importance of mental health!

Community Groups

Our Community Groups continue to be a hit here in Maidstone - with lots of individuals coming to join us for fun activities like arts and crafts and cooking. Make sure to visit our website to stay up to date with our current deliveries, and also photos from all of our community activities as they unfold!

The Hope Cafe

Maidstone and Mid-Kent Mind's drop-in service, the Hope Cafe crisis service, continues to be available on a Friday evening and Sunday afternoon in Maidstone.

Keep updated with what's going on at MMK Mind

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