

News & Events

November/December 2018

Christmas At MMK Mind



As the Christmas season begins to close in, we've been taking some time in the office to celebrate and reflect on the past year, and how much we have grown as an organisation. We've seen some fantastic

growth and some incredible new opportunities, all thanks to the support of our amazing community. As we celebrate Christmas together, we want to take a moment to thank our community for making all of this possible.

Generous Donation from Golding Vision (Golding Homes)



Keeping to the festive tone for this Newsletter, we'd also like to share our thanks to Golding Vision, the charitable branch of Golding Homes.

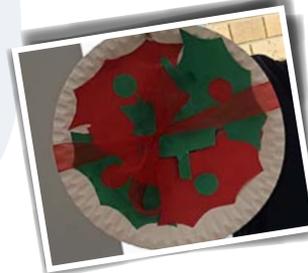
Recently, Golding Vision were kind enough to pop down with some incredibly generous donations for all of our service users to benefit from. These included biscuits, mince pies,

coffee and much, much more.

[If you click here you can read more about this donation and the impact that it will have on our services.](#)

Creatively Festive at MMK Mind...

Our Cookery and Arts and Crafts groups have also been getting in the festive spirit recently. Check out the photos below to see more:

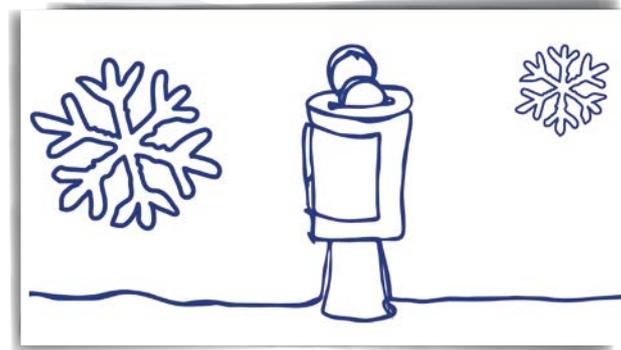


Christmas Cheer at the Ashford Wellbeing Café



Looks like Service Users down at the Ashford Wellbeing Café have been getting creative for Christmas as well! Look at the beautiful Christmas Cards they've been hard at work creating on a Friday and Saturday evening.

Give The Gift of Giving to a local charity this Christmas...



For many, local charities make the difference in getting help, support and guidance across the festive period. We know all too well, donations really make a difference to what we do. Could you donate a little, and make a big impact this Christmas?

Visit <https://www.totalgiving.co.uk/donate/maidstone-and-mid-kent-mind>

Decorating The Christmas Tree



We really want to make this Newsletter a celebration of all our Service Users have done this year - and so it seems fitting to share these beautiful Christmas Tree decorations that our fantastic service users have made! Check them out - I absolutely love that adorable Santa Claus!

Looking Ahead to 2019...

Looking Ahead
TO 2019
And Beyond...

We are looking forward to seeing where the next year takes us. We have lots of new services, training and more just on the horizon and we can't wait to share more! Make sure you check the Social Media links found at the end of this Newsletter, as we will be sharing the latest updates as soon as they become available.

Keep updated with what's going on at MMK Mind

Don't forget, you can keep up to date with all our services, projects and courses by going online ...



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